



Vulval Pain Society Handbook, 3rd edition

Editors [David Nunns](#) / [Kay Thomas](#) / [Liz Bailey](#) /
Vulval Pain Society Trustees

This handbook is a collection of articles from the Vulval Pain Society's newsletters. The emphasis on a holistic approach to vulval pain will help professionals reach a better understanding of the chronicity and life impairment with which some women have to cope.

It is stated that a lot of the advice proffered in clinics is not evidence-based because of the paucity of good-quality trials. There is a very clear analysis of each suggested treatment for vulval pain syndromes and an open attitude, encouraging women to evaluate and select what they feel is best for themselves. The range of treatments available is testimony to the difficulty that women have in finding an effective remedy for their chronic condition.

The chapters on the classification of vulval syndromes are well written and up to date. The glossary of terms is excellent. The articles are easy to read but slightly marred by some typographical errors which occasionally confuse the meaning.

The handbook contains valuable information for women, family doctors and specialist clinicians and should be available in all vulval clinics.

Reviewer [J Wilde](#) [FRCOG](#)

Consultant Obstetrician and Gynaecologist
Salisbury NHS Foundation Trust, Salisbury, UK

Vulval Pain Society, 2009

Paperback, 61 pages, £10

Available from:

Vulval Pain Society, PO Box 7804, Nottingham
NG3 5ZQ, UK; www.vulvalpainsociety.org

[10.1576/toag.11.3.226.27518](#)